

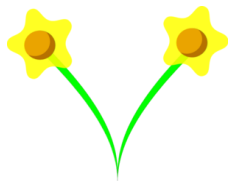
THE MULLION & CONSTANTINE

GROUP PRACTICE

Local News

Constantine Surgery

- ♦ There are now credit / debit card facilities at Constantine surgery which patients are able to use it to pay for their prescriptions.
- ♦ The late night surgery has moved to Thursdays. This is a facility offered to those that work during usual GP surgery hours.



Bank Holidays

Please note that the Practice will not be open for the Easter or May bank holidays. The dates are:

*Friday 14th April
Monday 17th April
Monday 1st May
Monday 29th May*

Please see the item below for advice on what to do when your surgery is closed.

Who should I see if I am unwell out of GP Practice hours?

A&E departments and 999 call handlers deal with genuine life-threatening emergencies, such as:

- loss of consciousness
- acute confused state and fits that are not stopping
- persistent, severe chest pain
- breathing difficulties
- severe bleeding that cannot be stopped
- severe allergic reactions
- severe burns or scalds

Less severe injuries can be treated in urgent care centres or minor injuries units (MIUs).

A&E is not an alternative to a GP appointment.

If your GP practice is closed you can call NHS 111, which will direct you to the best local service to treat your injury.

BT callback

Please note that this service does not work with our telephone system.



NHS AAA (Abdominal Aortic Aneurysm)

Screening is available to all men aged 65 years and older. Appointments are available to men reaching 65, born after 1st April 1945. Any gentleman born before this date can self-refer into the programme. Please contact the office on 0800 970 8700 for further information.

Next of Kin

We would like to have your

Next of Kin recorded in your notes in case of an emergency.

If you would like this information on your records, please ask for a form from reception.



Missed Appointments

During the month of February **98 patients** did not attend their pre-booked appointment at the Mullion & Constantine Group Practice. This accounts for **over 20 hours** of appointments in one month!

If you are unable to attend your appointment for whatever reason, please try and cancel it.

This will mean that more appointments are available to other patients. You are able to do this by phoning up the surgery or online.

Childhood immunisations

GP surgeries no longer see school age children for routine childhood vaccinations.

These should all now be covered by organised visits by Kernow Health to schools.

If parents have any queries regarding missed school immunisations, please call Kernow Health or ask at the child's school office.

Organ donation

We would like to take this opportunity to mention the sensitive subject of organ donation.

We have all heard stories of how the kind gift of organ donation can save lives of adults and children and indeed there have been patients of ours who have received donated organs.

To join either pick up a form in reception or visit organdonation.nhs.uk/register-to-donate

Shingles Vaccination

'Zostavax' is a vaccination available to patients of a certain age that will protect them from developing this painful illness.

Patients within the following date of birth ranges are invited to make an appointment with the nurse:

2.9.36 - 1.9.38 & 2.9.42 - 1.9.46

Pneumococcal Vaccination

All patients aged 65 or over are eligible to be vaccinated against pneumonia.

If you fall into this age range and have not yet attended for this, we invite you to telephone us for an appointment.

This vaccination is also available to those patients with certain long term illnesses.

Please ask for details from reception

Stop Smoking Service



The Stop Smoking Counsellor is now based at Tesco Helston.

Carl Duffin works in the consulting room next to the Pharmacy from 4-6pm on Tuesday afternoons.

This is a drop-in service so no appointment is necessary.